



LDR 2026 SESSION SCHEDULE

Session #	DATE	TIME	SESSION TYPE
1	Thursday, February 19, 2026 (Snow date February 26)	9:30 am – 3:30 pm	In-person
2	Thursday, March 12, 2026	9:30 am - 11:30 am	Virtual
3	Thursday, April 9, 2026	9:30 am – 3:30 pm	In-person
4	Thursday, May 14, 2026	9:30 am – 11:30 am	Virtual
5	Thursday, June 11, 2026	9:30 am - 11:30 am	Virtual
6	Thursday, July 9, 2026	9:30 am – 3:30 pm	In-person
7	Thursday, August 13, 2026	9:30 am - 11:30 am	Virtual
8	Thursday, September 10, 2026	9:30 am – 11:30 am	Virtual
9	Thursday, October 8, 2026	10:00 am – 4:00 pm	In-person
	Thursday, October 8, 2026	4:30 pm – 6:30 pm	In-person Closing Celebration

Color Key:

Green - Facilitated roundtable session with the full cohort.

Blue - End of program closing celebration with the full cohort.

Schedule: Sessions will take place on the dates and times indicated above from February 2026 through October 2026. There will be four longer, in-person sessions in February, April, July, and October. The remaining sessions will be virtual using Zoom conferencing.

Cancellation or Delay Policy:

Should Five Frogs need to cancel or delay an LDR session, for example due to weather related or connectivity issues, we will send notification by email no later than 6:30 AM the day of the session. The session will be rescheduled.

Additional Dates:

- Individual Coaching: Every leader will schedule six (6) sessions with their coach at mutually convenient times.
- Additional and optional opportunities will be offered. Schedule TBD.