



LDR 2025 SESSION SCHEDULE

Session #	DATE	TIME	SESSION TYPE
1	Thursday, February 20, 2025 Snow date February 27	9:30 am – 3:30 pm	In-person
2	Thursday, March 13, 2025	9:30 am – 11:30 am	Virtual
3	Thursday, April 10, 2025	9:30 am – 11:30 am	In-person
4	Thursday, May 8, 2025	9:30 am – 3:30 pm	Virtual
5	Thursday, June 12, 2025	9:30 am – 11:30 am	Virtual
6	Thursday, July 10, 2025	9:30 am – 3:30 pm	In-person
7	Thursday, August 14, 2025	9:30 am – 11:30 am	Virtual
8	Thursday, September 11, 2025	9:30 am – 11:30 am	Virtual
9	Thursday, October 9, 2025	10:00 am – 3:30 pm	In-person
	Thursday, October 9, 2025	4:00 pm – 6:00 pm	In-person Closing Celebration

Color Key:

Green – Facilitated roundtable session with the full cohort. Blue – End of program closing celebration with the full cohort.

Schedule: Sessions will take place on the dates and times indicated above from February 2025 through October 2025. There will be four longer, in-person sessions in February, April, July, and October. The remaining sessions will be virtual using Zoom conferencing. All in-person sessions will follow CDC guidelines.

Cancellation or Delay Policy:

Should Five Frogs need to cancel or delay an LDR session, for example due to weather related or connectivity issues, we will send notification by email no later than 6:30 AM the day of the session. The session will be rescheduled.

Additional Dates:

- Individual Coaching: Every leader will schedule six (6) sessions with their coach at mutually convenient times.
- Additional and optional opportunities will be offered. Schedule TBD.